

Tutti Frutti and Naked Productions bring you Sweet Dreams by Mike Kenny.

**Mum:** Ivy, Ivy, time to sleep now Ivy! Night night, don't worry, sleep tight.

**Ivy:** Night night mum.

**Mum:** Alright, night night. Lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams!

**Ivy:** I'm not that sure, I could be wrong, I just arrived, not been here long and I'm not staying, I'm going soon but I think I might be on the moon! I think I'm on the moon! I'm definitely on my own, alone... There are no roads, or noisy cars – it's quiet. It's cold under the stars. Stars just twinkle, they don't say much. Not saying that they're not nice, but they don't cuddle or touch. I'm not quite sure, but it's time for bed. I could say more and I might have said I'm on the moon! I like it. Only... I'm on my own and it's a little bit lonely so when I go to bed at night and mum's seeming in a hurry, when she's turning off the light and she tells me not to worry, well, I do because she wouldn't say don't worry, would she? If there wasn't something to worry about... Would she? My mum, she put me here. But that's not as strange as you might have thought. My mum has to go to work and my mum is an astronaut, she works in a spaceship, she flies around the world! I don't understand what she does because I'm still just a little girl. She flies around the world. I can't quite absorb it, it's something scientific and they call it an orbit. Listen, that's her now in her spaceship! Mum!

**Mum:** Ivy, I can see you! Snuggle down, don't worry.

**Ivy:** Hiya, yeah, here I am! It's me, Ivy. I'm alright, yeah, I'm fine. Look, there's something...

**Mum:** Night night.

**Ivy:** Erm... I wanted to ask, there's something...

**Mum:** Snuggle down, don't worry!

**Ivy:** Night. The moon eh... Now where's my toy rabbit Bun Bun? Bun Bun! Where are you? I know it's night time, that's the time to sleep, and I know I'm not supposed to peep. My nana says it's just a habit but I can't sleep without my toy rabbit. So now you know my toy rabbit. My nana gave him to me. His name is Bun Bun the Bun Bun small Buns furry, Bun's lots of fun! He's perfect to cuddle and he's easy to squash so he looks a bit strange since he went through the wash. I don't know why that's how it is and I don't know just where Bun Bun is, all I know is that Bun is not with me and at bed time that's where he should be. I thought I had Bun tucked under my arm, I've looked everywhere and I've tried to keep calm but I need him with me, this is why you see, I can't sleep without Bun and he can't sleep without me!

**Bun Bun:** Phew!

**Ivy:** Phew?

**Bun Bun:** That's what I said.

**Ivy:** Phew?

**Bun Bun:** Phew. Made it by inches.

**Ivy:** Erm, who are you?

**Bun Bun:** It's me!

**Ivy:** It's me, I thought I was me?! Ivy!

**Bun Bun:** Me, Bun Bun!

**Ivy:** Bun Bun?

**Bun Bun:** Yeah, Bun Bun, the Bun! Bun's small, Bun's furry, Bun's lots of fun!

**Ivy:** Bun Bun? My Bun Bun?

**Bun Bun:** The Bun, yeah!

**Ivy:** Oh!

**Bun Bun:** What?

**Ivy:** I don't remember you being so tall!

**Bun Bun:** Really?

**Ivy:** Last time I remember you you were little.

**Bun Bun:** Really?

**Ivy:** Yes.

**Bun Bun:** I must have grown.

**Ivy:** I should say so! Quite a lot. And...

**Bun Bun:** What?

**Ivy:** Did you always talk?

**Bun Bun:** I don't know, did you?

**Ivy:** I don't know!

**Bun Bun:** Me neither, let's dance!

**Ivy:** Jump!

**Bun Bun:** Jump! Bounce!

**Ivy:** To the left!

**Bun Bun:** To the right. Spin it round.

**Ivy:** Oh, tired now.

**Bun Bun:** Tired?

**Ivy:** Yeah, shall we go to sleep?

**Bun Bun:** Alright, night night, lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams. Close your eyes, sweet dreams, close your eyes, sweet dreams. Close your eyes... [Snoring]

**Ivy:** Bun Bun? Bun Bun!

**Bun Bun:** What?

**Ivy:** Usually you help me get to sleep.

**Bun Bun:** I do?

**Ivy:** Yes! You seem to know how to do it.

**Bun Bun:** I do? I do! But I can't sleep. Not here.

**Ivy:** Why not?

**Bun Bun:** Too noisy.

**Ivy:** Why?

**Bun Bun:** It's the world.

**Ivy:** The world?

**Bun Bun:** Yes. The world we're on the moon, up in the sky the world's down there. Just flying by, look it's going round. We're going round don't ask me why! It's the perfect fit and all the people too many to count, don't ask how many it's enormous amounts and all the people more than enough, living their lives, doing their stuff! And all the grownups and the children and the toys doing their stuff, all making noise. Millions of people do things at a push, we could knock on their doors and ask them to shush! Shush, shh, shhh, shhhh, sh!

**Ivy:** Ask all the people in the world to shh?

**Bun Bun:** Or just pipe down a bit because I can't get to sleep with all that racket.

**Ivy:** I don't think so, it would take too long, and how would we get down there?

**Bun Bun:** You've got a point. What shall we do?

**Ivy:** Let's go somewhere quieter.

**Bun Bun:** Where? I know! I know!

**Ivy:** Where?

**Bun Bun:** Round the back!

**Ivy:** The back?

**Bun Bun:** Yes, the back of the moon!

**Ivy:** It's got a back?

**Bun Bun:** Yes! It only ever shows one side to the world and it's always the front side.

**Ivy:** Always?

**Bun Bun:** Always. But now we're on the moon we can go round back for some peace and quiet.

**Ivy:** Alright.

**Bun Bun:** Come on, follow me!

**Ivy:** So off we go, Bun and me. Don't know how to this will work, we'll have to see!

**Bun Bun:** The world can be a noisy place, people running the human race. Always going much too fast, can we find some peace at last?

**Ivy:** We need some peace, we need some quiet. So we're off to the back of the moon, we're tired, can't deny it. I only hope we get there soon.

**Bun Bun:** I only hope we get there soon.

**Ivy:** I only hope we get there soon.

**Bun Bun:** Shh. What can you hear?

**Ivy:** Nothing.

**Bun Bun:** Nothing? You sure?

**Ivy:** Yeah!

**Bun Bun:** Perfect.



**Ivy:** Shall we go to sleep?

**Bun Bun:** Alright, night night, lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams! [Snoring]

**Ivy:** Bun Bun? Bun Bun!

**Bun Bun:** What?

**Ivy:** I can't sleep.

**Bun Bun:** Oh dear, what can you hear?

**Ivy:** Nothing.

**Bun Bun:** Nothing?

**Ivy:** Nothing!

**Bun Bun:** Me neither. Weird, isn't it?

**Ivy:** Yeah.

**Bun Bun:** I don't want all the noisy noise of the world, all those people doing stuff keeps me awake.

**Ivy:** Me too.

**Bun Bun:** But...

**Ivy:** But...

**Bun Bun:** But I like to know they're there, I like to hear them just a bit! Just a little little bit. Just knowing there's somebody somewhere doing something. It's like a cuddle...

**Ivy:** A cuddle?

**Bun Bun:** A noise cuddle.

**Ivy:** A noise cuddle?!

**Bun Bun:** A noise cuddle, yeah! Let's go where we can hear something.

**Ivy:** Too loud!

**Bun Bun:** Too loud. Here?

**Ivy:** Too quiet.

**Bun Bun:** Too quiet?

**Ivy:** Too quiet. Come on.

**Bun Bun:** Here? Alright?

**Ivy:** Yeah.

**Bun Bun:** Not too loud and not too quiet.

**Ivy:** Yeah.

**Bun Bun:** Perfect.

**Ivy:** Yeah. Shall we go to sleep?

**Bun Bun:** Alright, night night, lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams. [Snoring]

**Ivy:** Bun Bun, Bun Bun!

**Bun Bun:** Turn the light off! It's too light!

**Ivy:** Too light?

**Bun Bun:** It's too light. I can't sleep if it's too light, where's the switch?

**Ivy:** The switch?

**Bun Bun:** Yes, the light switch to turn off the light.

**Ivy:** Bun Bun! I don't think there's a light switch on the moon.

**Bun Bun:** Are you sure? Let's look.

**Ivy:** So off we go, Bun and me. To switch off the light, we'll have to see. The moon can be a funny place. It's got two sides and one big face. I'll never know just which is which but I'm pretty sure it's got no switch.

**Bun Bun:** Dark.

**Ivy:** Too dark.

**Bun Bun:** Can't sleep if it's too dark, but... Phew! Look! Up there! Stars.

**Ivy:** Stars.

**Bun Bun:** All over the sky. It's the galaxy.

**Ivy:** The galaxy?

**Bun Bun:** Yeah!

**Ivy:** The galaxy, we're on the moon up in the sky. The stars up there just flying by. Look, it's going round, we're going round don't ask me why! It's the perfect fit. And all the stars, too many to count. Don't ask too many it's enormous amount, more than the people, more than enough, shining their lights, doing their stuff! Billions of stars so far and so deep, twinkling away so we can sleep. Wherever you look you see the lights sweeping away! We're going round, we're going round and round, we're going round, round and around... We're going round, we're going round and round. We're going round and around. Round and round and round... Round and round.

**Bun Bun:** So you can sleep, it's like a cuddle.

**Ivy:** A cuddle?

**Bun Bun:** A light cuddle.

**Ivy:** A light cuddle?

**Bun Bun:** Yeah, a twinkling galaxy star light cuddle. Shall we go to sleep now?

**Ivy:** Alright.

**Bun Bun:** Night night, lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams. [Snoring]

**Ivy:** Bun Bun?

**Bun Bun:** Yeah.

**Ivy:** I think I won't go to sleep.

**Bun Bun:** Won't go to sleep?

**Ivy:** No.

**Bun Bun:** Won't go to sleep?

**Ivy:** No!

**Bun Bun:** But we got the noise right?

**Ivy:** Yes.

**Bun Bun:** And the light right?

**Ivy:** Yes.

**Bun Bun:** So why not go to sleep?

**Ivy:** Well, I can't see the point.

**Bun Bun:** Can't see the point? What can you hear?

**Ivy:** The world.

**Bun Bun:** What can you see?

**Ivy:** Stars.

**Bun Bun:** What are they doing?

**Ivy:** Nothing much, twinkling.

**Bun Bun:** Then you should be asleep!

**Ivy:** I can't see the point!

**Bun Bun:** Can't see the point of sleep?

**Ivy:** Yes! No...

**Bun Bun: Bun Bun:** Can't see the point? Sleep's mint!

**Ivy:** Mint?

**Bun Bun:** Yeah, mint!

**Ivy:** But I don't know what it's for. I'd rather be playing.

**Bun Bun:** Sleep is so you can play, it's so you can grow, it's so you can play all day, it gives you that thing!

**Ivy:** What thing?

**Bun Bun:** That thing that starts with an N.

**Ivy:** What's that?

**Bun Bun:** You know, that thing that starts with N. You need it for dancing too, and I love dancing.

**Ivy:** N, N, N...

**Bun Bun:** Energy! That's what sleeping gives you!

**Ivy:** Energy, does that begin with an N?

**Bun Bun:** Of course it does! N for energy. I happen to be very good at my As, Bs and Cs. I'm one of those things starting with an X.



**Ivy:** Xylophone?

**Bun Bun:** No, an expert! Listen, I'll teach you, A is for horses, they eat hay to go, B bs is for buzzing and honey you know, Cs is for swimming and for sailing to and fro, D is for diddly dum diddly dum doo, Effs is an effort, they make you go slow, Gee Gees are for horses who eat hay to go. So all together now, all together now, A is for horses! A is for horses that eat hay to go, Bs is for buzzing and honey you know, Cs is for swimming and sailing to and fro, D is for diddly dum diddly dum doo, Effs is an effort, they make you go slow, Gee Gees are for horses who eat hay to go.

**Ivy:** A is for horses? That doesn't sound quite right to me...

**Bun Bun:** Doesn't it? It's just a song!

**Ivy:** It just goes round and round.

**Bun Bun:** Yeah, everything goes round and round.

**Ivy:** Everything?

**Bun Bun:** Everything – the world, the moon, the stars, they all go round and round! Listen, what's that?

**Ivy:** That's my mum in her spaceship! Mum!

**Bun Bun:** Mum: Ivy, I can see you! Snuggle down and don't worry.

**Ivy:** Hiya, yeah I'm alright yeah I'm fine! Look, Bun Bun's here, brave Bun Bun. Night night, it was too noisy, then it was too...

**Mum:** Night night.

**Ivy:** Night night.

**Bun Bun:** Alright, night night, lie down, sleep tight. Nothing is as bad as it seems. Close your eyes, sweet dreams. Oh! That's the best thing! That's the best thing. Oh I forgot to say the best thing!

**Ivy:** What? What's the best thing?

**Bun Bun:** Dreaming!

**Ivy:** Dreaming?

**Bun Bun:** Dreaming! When you're fast asleep, tucked inside your bed your brain will tell you stories sorting out your head.

**Ivy:** And who on earth would have thought it, that sweet dreams would get it sorted?

**Bun Bun:** You may not remember them, sometimes you tell them again. You might not know what you feel, but dreams are all really real!

**Ivy:** And who on earth would have thought it, that sweet dreams would get it sorted?

**Bun Bun:** No need to rush or hurry, dreams may be sorting out a worry. Your mind may be all in a muddle, dreaming gives it one big cuddle!

**Ivy:** And who on earth would have thought it, that sweet dreams would get it sorted! And who on earth would have thought it, that sweet dreams would get it sorted.

**Bun Bun:** Who on earth would have thought it, that sweet dreams would get it sorted.

**Ivy:** Dreaming does all that?

**Bun Bun:** Yeah, good isn't it! Sleeping gives you energy and dreaming tidies up your mind and that thing beginning with S... Especially if you're worried about something. Oh, there goes your Mum!

**Mum:** Ivy, Ivy?

**Bun Bun:** Not going to wave?

**Ivy:** No. Bun Bun?

**Bun Bun:** What?

**Ivy:** I am a bit worried about something. I'm worried that when my mum goes away she won't be coming back.

**Bun Bun:** She says she will. She says don't worry.

**Ivy:** But she looks worried, so what is she worrying about? I'm worried she won't come back.

**Bun Bun:** Which way does she go?

**Ivy:** That way.

**Bun Bun:** Which way does she come back?

**Ivy:** The other way.

**Bun Bun:** She's just going round.

**Ivy:** Round?

**Bun Bun:** And round, she will be back. I think you've found that she keeps going round and round so she'll always be back?

**Ivy:** Always?

**Bun Bun:** Always.

**Ivy:** Because she keeps going around?

**Bun Bun:** Everything goes round and round.

**Ivy:** Everything?

**Bun Bun:** Everything, sometimes it doesn't look like it but everything goes round and round. Everything goes on that's how it seems, you think it will never come back, you might have to wait till you see it again because it follows a circular track, the sun doesn't go up that ain't true! And it don't go down between me and you it only looks like that because the world goes round and round and round and round. In my life I have found that everything goes round and round. Round and round, round and round, in my life I have found that everything goes round and round. Everything goes round and round! When you're thinking it couldn't be much worse, really you're safe and sound because everything in this universe goes round. When you think it's all gone away, day follows night, night follows day. Round and round, round and round...

**Ivy:** In my life I have found.

**Bun Bun:** Round and round, round and round.

**Ivy:** In my life I have found.

**Bun Bun:** Round and round, round and round.

**Ivy and Bun:** That everything goes round and round!

**Ivy:** Look, that's my Mum in her spaceship, she's back!

**Mum:** Ivy, Ivy.

**Ivy:** Hiya Mum, hiya, yeah I'm alright, yeah I'm fine, really don't worry. Look, Bun Bun's here, wave Bun Bun. Night night, we're going to sleep now, see you in the morning, bye.

**Bun Bun:** Alright.

**Ivy:** Alright.

**Bun Bun:** Night night.

**Ivy:** Night night. Alright, night night, light out sleep tight, nothing is as bad as it seems. Close your eyes, sweet dreams. Close your eyes, sweet dreams, close your eyes, sweet dreams. Close your eyes, sweet dreams! Bun Bun?

**Bun Bun:** What?

**Ivy:** Why did you get so big?

**Bun Bun:** Why did I get so big?

**Ivy:** Yeah you were always little and fluffy and now you're really big, you've changed.

**Bun Bun:** But I was always good at getting you to sleep.

**Ivy:** And you didn't used to talk, why is that?

**Bun Bun:** Because you're dreaming!

**Ivy:** I'm dreaming? This is a dream?

**Bun Bun:** Oh yeah!

**Ivy:** Really!

**Bun Bun:** Yeah! Do you usually go to sleep on the moon?

**Ivy:** I don't think so, usually I'm in my bed at home.

**Bun Bun:** Well then dreaming! You must be dreaming.

**Ivy:** So I'll wake up and this will all be a dream?

**Bun Bun:** Yeah! And I'll be back to my normal size.

**Ivy:** And you won't be talking?

**Bun Bun:** Probably not.

**Ivy:** But what if I lose you?

**Bun Bun:** You won't lose me, I'll always be here!

**Ivy:** On the moon?

**Bun Bun:** Yeah. Just look up at the moon and you'll see me. Up on the moon, there I am, going round and round.

**Ivy:** Round and round.

**Bun Bun:** Night night.

**Ivy:** Round and round.

**Bun Bun:** Night night. Sleep tight. Sweet dreams.



This audio play was brought to you by Tutti Frutti working with Naked Productions and our partners, the Sleep Charity.

Bun Bun was played by Bay Brian.

Ivy by Hannah Victoria.

The producer was Polly Thomas, the writer was Mike Kenny and the composer was Christella Litras.

The sound engineer was Louis Blatherwick and the sound designer was Paul Cargill.

The Tutti Frutti team were Wendy Harris, Mosa Mpetha, Emma Killick and Sophie Backhouse.

For more information visit [www.tutti-frutti.org.uk](http://www.tutti-frutti.org.uk) and for more help with sleep visit [www.thesleepcharity.org.uk](http://www.thesleepcharity.org.uk)