

How to Make an Anti-Bullying Pledge

Let's talk about bullying!

1. Start the conversation with asking the class what bullying is and how it makes people feel. You could use the Ugly Duckling as an example.
2. Then ask the class what promises they can make to stop bullying.



3. Write a list of statements of what the class promises to do to make the classroom a happy place.
4. Ask the class to draw every member of their class on a large piece of paper.
5. Around the drawing of everyone in the class write in speech bubbles the statements of what the class promises to do to stop bullying.
6. Display the anti-bullying pledge somewhere in the classroom and remind the group about the promises they made.